

## **Instruction**

### **Family Life Education**

Family life education shall help students acquire knowledge, attitudes and values which will contribute to the well-being of individuals, families and society. Family life education shall:

1. provide instruction in family planning, human sexuality, parenting, and nutrition;
2. include the emotional, physical, psychological, hygienic, economic, and social aspects of family life;
3. enable students to discuss family issues effectively, including willingness and ability to listen, to accept criticism, and to respond with openness, frankness, and honesty;
4. discuss the need for students to develop and demonstrate mutual respect and love for family members.

Helping students attain a mature and responsible attitude toward human sexuality is a continuous task of every generation. Parents have the primary responsibility to assist their children in developing moral values. The schools should support and supplement parents' efforts in the areas of family life and sex education by offering students factual information and opportunities to discuss concerns, issues and attitudes inherent in family life and sexual behavior, including traditional moral values.

Students and parents or guardians shall be informed of their right to exempt the student from the family life program.

Legal Reference: Connecticut General Statutes

10-16c State board to develop family life education curriculum guides.

10-16d Family life education programs not mandatory.

10-16e Students not required to participate in family life education programs.

10-16f Family life programs to supplement required curriculum.

Policy adopted: June 18, 2003

CAPITOL REGION EDUCATION COUNCIL  
Hartford, Connecticut